

East Lancashire Mental Health Support Team

Concerned about your Mental Health?
Are you under 18 or concerned about someone under
18?

Like to find out what support we can offer?

Please attend a 1:1 on-line session via
'Attend Anywhere'
Delivered by ELCAS
tinyurl.com/ELCAS-LSCFT



Enter the word "MHST" as the first name and "drop in" as the second name followed by your date of birth.

You will then enter our virtual waiting area where we will collect you.

Every Thursday throughout the school holidays 12:30-1:30pm
July – 24th and 31st
August – 7th, 14th, 21st and 28th